

*Seven Blessings*  
PaulaBehrens.com/7-blessings



**As I apply this oil to the back of my neck...**

**bless me, O God with divine protection, a sense of security & an inner strength to face the new day.**



**As I apply this oil to the the crown of my head...**

**bless me, O God with the desire to draw closer to You.**



**As I apply this oil to my forehead...**

**bless me, O God with refreshment, balance & the desire to seek my highest potential for today.**



**As I apply this oil to my temples...**

**bless me, O God with the wisdom to move past the negatives, as I seek out the positives in each situation.**



**As I apply this oil around my ears...**

**bless me, O God with the ability to hear more clearly, Your voice, as I seek to receive & offer forgiveness.**



**As I apply this oil to my wrists & neck...**

**bless me, O God with the vision of Your dreams for my life... plans to prosper me & not harm me, to give me hope & a future.**



**As I create a shield around myself with this oil...**

**bless me, O God, cover me with Your wings of protection as I open my heart to all the things I will encounter today.**

For best results:  
Print on glossy photo paper.

Punch a hole on the top left corner of each prayer card and  
use a key ring or a ribbon to conveniently hold them  
together.



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